

*Sacramentum* or Form and Matter of the Sacraments

<b>Sacrament</b>	<b>Subject</b>	<b>Form</b>	<b>Matter (<i>res signata</i>)</b>	<b>Internal Grace (<i>res sacramenti</i>)</b>	<b>Effect (<i>beneficium sacramenti</i>)</b>
<b>Baptism</b>	<b>Unbaptized</b>	<b>“I baptized you in the name of the Father, and of the Son, and of the Holy Spirit”</b>	<b>Water</b>	<b>Reception of the Holy Spirit (John 3:5)</b>	<b>Incorporation into the Body of Christ and regeneration, remission of sins and justification, adoption as children of God, capacity to receive other sacraments</b>
<b>Confirmation</b>	<b>Baptized</b>	<b>Prayer for the gifts of the Holy Spirit (Act 8:15)</b>	<b>Laying on of hands (and Chrism)</b>	<b>Sevenfold gift of the Holy Spirit</b>	<b>Admission into the full membership of the Church and ordination to the priesthood of the laity</b>
<b>Eucharist</b>	<b>Baptized (confirmed)</b>	<b>Eucharistic prayer with Christ’s words of institution (and epiclesis)</b>	<b>Wheaten Bread and fermented wine</b>	<b>Reception of the living and glorified Body and Blood of Jesus Christ</b>	<b>Strengthening of soul, forgiveness of sins and eternal life, and union with Christ</b>
<b>Penance</b>	<b>Baptized</b>	<b>Absolution (indicative in the West, precatory in the East)</b>	<b>Repentance</b>	<b>Merits of Christ</b>	<b>Forgiveness of Post-baptismal sins</b>
<b>Ordination</b>	<b>Baptized and Confirmed</b>	<b>Prayer for gifts appropriate to order</b>	<b>Imposition of hands</b>	<b>Power to minister in one of the three orders (habitual and actual grace)</b>	<b>Becoming a bishop, priest or deacon</b>
<b>Marriage</b>	<b>A baptized man and woman</b>	<b>Contract of marriage and consecration to a supernatural end</b>	<b>Consummation</b>	<b>Indissoluble bond</b>	<b>Procreation of children, hallowing of sex, and mutual love and support</b>
<b>Unction</b>	<b>A sick baptized person</b>	<b>Prayer for healing</b>	<b>Olive Oil</b>	<b>Strengthening of the soul and body</b>	<b>Healing</b>